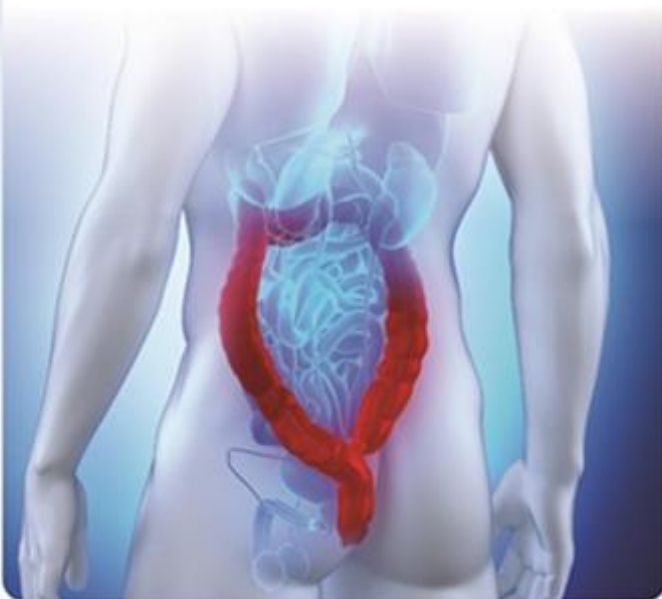




Precautions

1. Do not remove the suppository from its original packaging until it is used.
2. Promptly inform your doctor if you experience any unusual anal discomfort (e.g. burning or irritation) or side effects.



Storage

Store in a cool dry place. Unless otherwise directed, it is usually not required to be stored in the refrigerator.

Keep out of the reach of children.

This guidance is for reference only .

You should always follow your doctor's instructions.

Check with your doctor or pharmacist if you have any questions.

Do not share your medications with other people.

如有任何查詢，歡迎聯絡我們
For enquiry, please feel free to contact us

藥劑部 Pharmacy

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Ref. No: PHAR-04

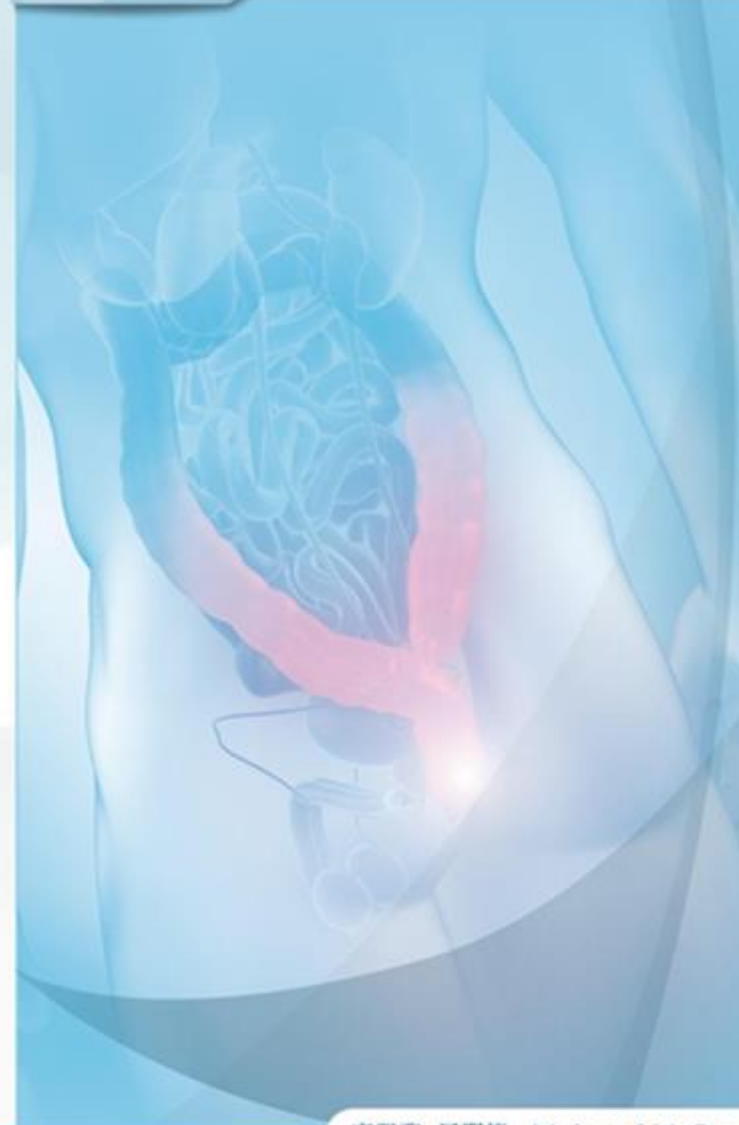
Ver.5 Updated: 03/2025



聖保祿醫院
St. Paul's Hospital

How to use Rectal Suppository

藥劑部
Pharmacy



Proper use of rectal suppository



- 1 Wash your hands thoroughly.

- 2 If the suppository is too soft, place it under cool water or in the refrigerator (not freezer) to harden before removing the wrapper.



- 3 Put on a finger cot or disposable gloves.



- 4 Remove the wrapper.

- 5 Lubricate the suppository tip with a water-based lubricant. If you do not have a lubricant, moisten your rectal area.



- 6 If only a portion of the suppository is to be used, cut it with clean scissors. Insert with the pointed tip and discard the remainder.

- 7 Lie on one side with your lower leg straightened out and your upper leg bent forward towards your stomach. Children may lie on an adult's lap.



- 8 Relax the anus. Insert the suppository, pointed end first. Push the suppository with your finger well up to the rectum, about 2cm for children and 3cm for adults.

- 9 Hold buttocks together. Remain lying on one side for about 15 minutes.



- 10 Suppository may melt and leak out, use tissue to clean up. Discard the finger cot or gloves. Wash your hands thoroughly with soap and water.